

## Wasatch Wiggle September 28-30, 2018

### Friday, 9/28

- **6:30p** Potluck (optional)
- **8:00-11:00p** Contra dancing, music by The Offbeats

### Saturday, 9/29

- **8:00a** Yoga with Keirshia
- **9:00a** *Continental breakfast*
- **10:00a-11:15a** Contra dancing, music by Uncle Farmer
- **11:30a-12:30p** Waltz workshop with Mike Cottle and Bandage a Trois
- **12:30p-2:00p** *Sack lunch from Corner Bakery (\$8) -or- lunch on your own*
- **2:00p-3:45p** Contra dancing, music by The Offbeats
- **4:00p-5:00p Workshops**
  - **Band-Aids! (band workshop with Jeff Spero)**

Everything from tips on getting the dancers to go “woo!” to choosing tunes and on-stage communication with the caller.
  - **Fitting Flourishes and Transition Tweaks (Contra workshop with Lindsey Dono)**

Elegant, unexpected, and downright silly ways to spice up your dancing. Matching flourishes with music and choreography. Receive pro tips to smooth awkward transitions.

### **5:00p-8:00p** *Dinner on the town!*

- 8:00p-9:15p Contra dancing, music by Uncle Farmer
- 9:45p-11:00p Contra dancing, music by The Offbeats

### Sunday, 9/30

- 8:00a Yoga with Keirshia
- **9:00a** *Continental breakfast*
- 10:00a-11:00a Band concert with Uncle Farmer and The Offbeats
- 11:00a-12:30p Contra dancing, music by Uncle Farmer
- **12:30p-1:00p** *Snack break*
- 1:00p-3:00p Contra dancing, music by The Offbeats
- 3:00p Send off (and clean-up)